



23 Exhibition Drive, Malaga Western Australia  
Monday - Friday 7am-5pm + Sat 8am-4pm

Sales Centre for Sales, Advice + Orders  
T +61 8 9209 7400  
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## 10PCE ICY POLE - MIXED FLAVOURS ICEMIX BY THORZT



SKU	Option	Part #	Price
87433968	Qty: 1 Pack of 10	ICEMIX	\$5.9
87433968-15	Qty: 15 Packs of 10 (Carton)	ICEMIX	\$5.9

Model	
Type	Icy Poles
SKU	87433968
Part Number	ICEMIX
Brand	Thorzt
Technical - Main	
Technical Data Sheet (TDS)	<a href="https://www.paramountsafety.com.au/Documents/ProductDocuments/THORZT/THORZT-ICEMIX - Product Data Sheet 2023.pdf">https://www.paramountsafety.com.au/Documents/ProductDocuments/THORZT/THORZT-ICEMIX - Product Data Sheet 2023.pdf</a>
Dimensions	
Product Weight (Net Weight)	0.48 kg
Packaging + Shipping	
Shipping Weight (Gross)	0.48 kg



INITIALLY TRIALLED IN 2003 WITH ATHLETES AND STUDIED PRIOR TO THE 2008 BEIJING OLYMPICS, THE INGESTION OF ICE WAS SHOWN TO BE A SUPERIOR METHOD OF LOWERING CORE BODY TEMPERATURE THAN FLUIDS SERVED AT 4°C. In addition to the cooling benefits, crushed ice ingestion also improved endurance performance in the heat. The cooling benefits observed for elite athletes have been replicated in occupational settings. Firefighters wearing protective clothing while working in an extremely hot fire cell were able to lower their core body temperature more effectively when they consumed crushed ice during a rest break than the standard practice of resting in the shade with a cold drink.

- Features**
- Low in sugar
  - Caffeine and gluten free
  - Proprietary electrolyte formula inc. Sodium, Potassium and Magnesium
  - Easy way to treat dehydration associated with heat stress and illness
  - THORZT Icy Poles are a soothing way to rehydrate
  - Available in 5 delicious flavours - Blue Lemonade, Lemon Lime, Orange, Tropical, Wild Berry
  - When frozen, simply snap and twist the Icy Pole, breaking it in half
  - Pack Qty: 10 x 90ml tubes per pack



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